

## If you find a bird that has hit a window...

- Gently place the bird inside a cardboard box or an unwaxed paper bag with tissue inside to give the bird something to perch on
- Do not handle the bird more than necessary
- Do not give the bird food or water
- Contact a wildlife rehabilitation facility
  - ☞ Toronto Wildlife Centre Hotline: 416-631-0662
  - ☞ Earth Rangers Centre Hotline: 905-417-3447
- Wash your hands after handling a bird



Through rescue efforts, this Northern Flicker has a second chance at life.

## Become a bird rescue volunteer

The Fatal Light Awareness Program (FLAP), the City of Toronto, Toronto Hydro, and other Lights Out Toronto partners ask for your help to rescue injured migratory birds or to drive birds to a rehabilitation centre during the day. Most of the live birds our volunteers pick up are able to recover and are returned to the wild.

A few hours of your time during the day or night could really help.

For more information or to donate to Lights Out Toronto, call **416-366-FLAP (3527)** or visit: [www.toronto.ca/lightsout](http://www.toronto.ca/lightsout)



### Toronto éteint les lumières

Aidez-nous à épargner la vie des oiseaux, l'électricité et de l'argent. Éteignez les lumières au travail et à la maison.

### 多伦多关电灯

救救雀鸟，节省电力和金钱。  
把工作地点和家里的灯关掉。

### 多倫多關電燈

救救雀鳥，節省電力和金錢。  
把工作地點和家裏的燈關掉。

### Apaguemos las luces, Toronto

Ayude a salvar pájaros y a ahorrar electricidad y dinero.  
Apague las luces en el trabajo y en casa.

### Em Toronto, vamos apagar as luzes

Ajude a poupar a vida de pássaros, a poupar electricidade e dinheiro.  
Apague as luzes no trabalho e em casa.

Photos by: M.K. Peck, Mark Jackson/markjackson.ca, Carol L. Edwards and FLAP

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# Be part of Lights Out Toronto!



## LIGHTS OUT TORONTO!

Colliding with buildings is now a leading cause of death for migratory birds.

Save migratory birds while you save energy and money

## Turn out unnecessary lights at work and at home.



Black-throated green warbler

**During spring and fall migration, night-migrating birds are lured by city lights into urban areas. In the unfamiliar urban environment, they often fatally collide with buildings at night. Surviving birds often crash into windows during the day because reflections and transparency of glass present the illusion of a safe passage.**



White-throated sparrow

## Why Should We Care?

Many of North America's migratory bird species are facing significant population decline. Habitat loss, pesticide use, hunting by cats, climate change, and collisions with buildings and structures are endangering the survival of countless migratory birds.

The beauty and diversity of birds contributes greatly to our experience of nature. Birds are also essential to a healthy environment: they consume billions of insects daily (including mosquitoes), pollinate plants, and disperse countless seeds. They contribute to our economy as birdwatching has become the second most popular leisure activity in North America, after gardening. By making the city safer for migratory birds, we will be enhancing the natural biodiversity of our urban environment.

### When do birds migrate?

Spring Migration: mid-March to the beginning of June

Fall Migration: mid-August to the beginning of November

## Toronto's Migratory Bird Protection Policies

In April 2006, the City of Toronto launched "Lights Out Toronto!," a public awareness campaign aimed at reducing migratory bird deaths. This campaign is part of the policies adopted by City Council in January 2006. Another important policy specifies that the needs of migratory birds be incorporated into the Site Plan Review process with respect to facilities for lighting, including floodlighting, glass and other bird-friendly design features. In City-owned buildings, a lights-out policy after work hours has been in place since 2005. Toronto is now the first city in North America to officially adopt migratory bird protection policies.



## We All Benefit

Turning lights out yields many rewards: energy and cost savings, reduced light pollution, a decrease in CO<sub>2</sub> emissions, a safer environment for birds and a healthier environment for all of us.

## What you can do to make our city safer for migrating birds

### Lights Out

- Building owners, managers, and tenants can ensure that their buildings are bird-friendly by turning off lights at night on unoccupied floors and in unused spaces
- If you are working late, use task lighting at work stations and turn off ceiling lights closest to windows
- Turn off all exterior floodlights during bird migration seasons

According to bird biologists, 1 to 10 birds on average will hit each building every year. In Toronto, that means 1 to 10 million birds lost annually.



### Making Glass Visible to Birds

To control the reflectivity and transparency of glass, use:

- window coverings or window film treatments
- stained, frosted or sandblasted glass, or glass block
- window netting or metal grillwork will also prevent bird collisions by giving the birds an alternate point of focus